

Loco Burrito Bean Dip

Ingredient	Amount
loco burrito mix	1 pkg
jalapeno, minced	1 ea
green pepper, finely chopped	1 ea
avocado, peeled, stone removed, diced	1 ea
tomatoes, diced	2 ea
green onions, finely chopped	6 ea
garlic cloves, minced	2 ea
cilantro, chopped	1/4 cup
salt	1 tsp
limes, juice of	2 ea

1. cook bean mix following the instructions on the packaging. drain and let them cool.
2. put beans into a large mixing bowl and mash slightly with a fork.
3. add the remaining ingredients and mix together.
4. taste and adjust seasoning, if needed.
5. serve as a dip with your favourite corn chips or over greens as a salad.
6. *optional: for a smoother dip, pulse half the mixture in a food processor and then fold back into the remaining bean mix.